

Blessed Bliss



THE FIQH OF CONSUMMATION



Islam: A Complete Deen

- Provides guidance for every aspect of life: from acts of worship to trade regulations, marriage and inheritance laws

يَا أَيُّهَا الَّذِينَ آمَنُوا ادْخُلُوا فِي السِّلْمِ كَافَّةً وَلَا تَتَّبِعُوا
خُطُواتِ الشَّيْطَانِ ۚ إِنَّهُ لَكُمْ عَدُوٌّ مُّبِينٌ



Intentions and Relations

- Hadith: Actions are but by intentions...
- The **5 Maqaasid** (/intentions)
- Sexual relations: a form of *sadaqah*



Sex: A Right of Both Spouses

- The law is one thing. What is the *spirit of marriage*?
- The husband's right to sexual relations
 - What are justifiable reasons of the wife for not complying?
- The wife's right to sexual relations
- Fulfilling each other's need



Sexual Relations: How often?

- No specific limit or restriction
- Islam: A deen of moderation
- Decide through Respectful discussion



Selecting a Time for Sex

- Married couples may choose any time of the day or night for sexual relations
- Scholars have mentioned certain *favorable* times and certain *disliked* times.



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- When is having relations unlawful?
 - What to do when wife is having her periods or nifaas? Or when fasting?
 - Sex when wife is pregnant (her hormones can make her go crazy)
 - Dyspareunia in pregnancy
 - Position in pregnancy



Preparing for Sex

- Psychological Preparation
- Physical Preparation



Preparation of the wife

- Cleanliness and Hygiene
- Feminine Behavior



Adornment and Beautification

- Removing unwanted hair
- Dressing up in appealing, seductive and revealing clothing
- A pleasant scent
- Jewelry, Make- up
- Keeping Fit



Preparation of The Husband

- **Cleanliness and Hygiene**
 - No dirt, filth or bad odor
 - Nothing that turns her off
 - Attire and external appearance
 - Keeping the hair neat and clean
 - Removal of unwanted hair



Good Treatment and Seduction

- Remember the 5th language of love in our last workshop??



Foreplay

- Importance of Foreplay
- Some General Guidelines
 - Kissing- sensitive parts
 - Massaging, Caressing
 - Body Contact
 - Stimulation (clitoral and vaginal)



Foreplay: Contemporary Forms

- Use of Sex Toys
- Bonding and Flogging
- Showering with One's Spouse
- Sexually Provocative Dancing
- Watching Pornography
- Cross-dressing and Transvestism
- Urolagnia



The Actual Play

- Privacy
- Covering up the Holy Quran
- Reciting the Sunnah Dua
- Avoiding facing the Qibla
- Talking during Sex



Sexual Positions

نِسَاؤُكُمْ حَرَّتْ لَكُمْ فَاتُوا حَرَّتْكُمْ أَنَّى شِئْتُمْ ۖ وَقَدِّمُوا
لِأَنفُسِكُمْ ۚ وَاتَّقُوا اللَّهَ وَاعْلَمُوا أَنَّكُمْ مُلَاقُوهُ ۖ وَبَشِّرِ الْمُؤْمِنِينَ

- Man-on-top position
- Rear entry position
- Side by side position
- Standing position
- Sitting position
- Woman-on-top position



The Actual Play (contd.)

- Fantasizing (*unlawful*)
- Orgasm and Climax
 - Delaying ejaculation
- Dua when ejaculating



Other Forms of Sex

- Anal Sex

Hadith (Sunan Abu Dawud)

مَلْعُونٌ مَنْ أَتَى امْرَأَتَهُ فِي دُبُرِهَا

- Oral Sex

- Phone Sex (with one's spouse)

- Masturbation



After Play

- After play just as important as foreplay and sex.
- Difference between mazi and mani.



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- **Etiquettes of After Play:**
 - **Being Affectionate**
 - **Cleanliness and Purification**
 - **Urinating**
 - **Ghusl**
 - **Sleeping in a state of ritual impurity (janabah)?**
 - **Successive session of sex**



Secrets of Sexual Relations . . . are Secret!

- Husband and Wife are like garments for each other.

أَجَلٌ لَكُمْ لَيْلَةَ الصِّيَامِ الرَّفْتُ إِلَى نِسَائِكُمْ ۗ
هُنَّ لِبَاسٌ لَكُمْ وَأَنْتُمْ لِبَاسٌ لَهُنَّ

- Warning against revealing hidden secrets.
- Common practice of boasting



Etiquettes: In Summary

- Recommended Acts
- Prohibited and Disliked Acts



Contraception

- <http://youngwomenshealth.org/2009/01/28/pros-and-cons-contraceptive-methods/>



Permissible

- Physical state of the woman,
- Weakness and illness,
- The couple are on a distant journey,
- The couple's relations are unstable and divorce is likely,
- Spacing out children in order to give them adequate care and attention,

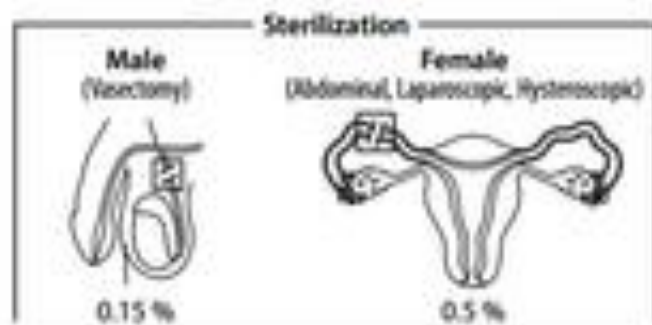


Impermissible

- Fear of poverty and not being able to provide,
- For the fashion of keeping small families and imitating the Kuffar,
- Being ashamed of having a girl,



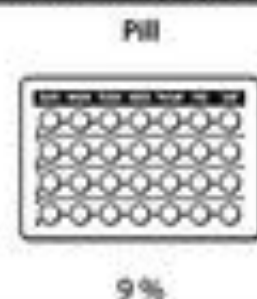
Effectiveness of Contraceptive Methods



How to make your method most effective

After procedure, little or nothing to do or remember.

Vasectomy and hysteroscopic sterilization: Use another method for first 3 months.

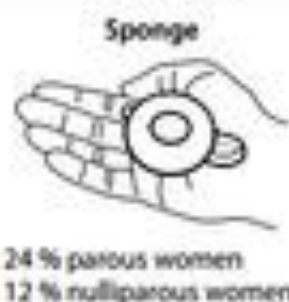


Injectable: Get repeat injections on time.

Pill: Take a pill each day.

Patch, Ring: Keep in place, change on time.

Diaphragm: Use correctly every time you have sex.



Condoms, sponge, withdrawal, spermicides: Use correctly every time you have sex.

Fertility awareness-based methods: Abstain or use condoms on fertile days. Newest methods (Standard Days Method and TwoDay Method) may be the easiest to use and consequently more effective.



* The percentages indicate the number out of every 100 women who experienced an unintended pregnancy within the first year of typical use of each contraceptive method.

PDA

- Intimate hugging and kissing not allowed in front of children



Finally?????

Are we done???



The First Night of Marriage

- Probably the most important night in a couple's married life
- First impressions are often lasting impressions
- Gentleness, compassion and tenderness



Adaab of the First Night

- Greeting with *salam*, reciting the *dua*
- Offering prayers
- Light hearted discussion
- Sexual relations:
 - Forbearance, tolerance, gentleness and understanding
 - Don't nurse evil suspicions



Conclusion

- Surely Allah SWT is not shy of (expounding) the Truth.
- Sacred knowledge is not gained by a shy or arrogant person.



JazakAllah



Alhamdulillah

Thankyou

